

## Sweet Potato French Fries

This recipe is awesome! Cut a sweet potato into french fry style slices. Spray a cookie sheet with spray cooking oil. Put the potatoes on it and then lightly spray the fries with oil. Sprinkle salt on them. Bake them at 400 degrees for maybe 10 or 15 minutes. Stir them with a tongs and bake a while longer. OMG! They're ssssoooooo goood!

I've got to say I like this as well as Ruffles with sour cream. I never thought I'd say that about anything!