

## Cheri's Fruit Salad

Dressing:

Measurements don't need to be exact.

Mix together in a big bowl:

1 T honey

2 T apple juice

1 T. lemon juice

pinch cinnamon

3 T greek yoghurt

Add about 3 or 4 cups of fruit. Here are some ideas:

diced apple

diced pineapple

seedless grapes

1 small orange in segments

sliced banana

fresh figs, stems removed, quartered. (Cut out bruised sections.)

peach slices

strawberries

blueberries

anything else that sounds good

Top with granola if you like.

Use leftover fruit salad for smoothies.